"Don't Let Me Fade Tonight"

Recorded by: TRADOC School of Music

Lead Vocalist: SGT James Motz Written by: SFC Todd Freeman

Genre: Country Rock

Description: Describes the devastating and isolating experience of suicide ideation, the need to

feel heard, and the life-saving power of human connection and intervention.

Key themes: Suicide ideation, self-isolation, stigma, peer intervention, human connection

Verse 1

I'm standing on the edge, the world so far below, The echoes in my head, those moments in slo-mo, I've tried to fight the darkness, but it's pulling me in, I need a hand to hold, to break free from this end.

Chorus

Won't someone please hear me, I'm crying out in pain I'm reaching for survival, Is it all in vain? I'm on the brink of falling, the noose is getting tight, Please reach out and save me, don't let me fade tonight.

Verse 2

I've walked this road alone, shadows by my side, The battles I've endured, too many tears I've cried, I wear a mask of smiles, but inside I'm torn apart, A fragile, breaking soul, in need of a restart.

Chorus

Won't someone please hear me, I'm crying out in pain I'm reaching for survival, Is it all in vain? I'm on the brink of falling, the noose is getting tight, Please reach out and save me, don't let me fade tonight.

Bridge

The weight upon my shoulders, it's getting hard to bear, I'm screaming for salvation, is anybody there?
A lifeline, a whisper, a sign that someone cares, I'm slipping through the cracks, into a dark despair.

Chorus

Won't someone please hear me, I'm crying out in pain I'm reaching for survival, Is it all in vain? I'm on the brink of falling, the noose is getting tight, Please reach out and save me, don't let me fade tonight.

Outro x3

I'm standing on the edge, but I don't want to fall, If someone hears my cry, please answer my call, I need a hand to hold, to guide me through the night, Don't let me face this end, bring me back to the light.